



## COVID – 19 RISK MITIGATION AND IMPLEMENTATION STRATEGY FOR RE- OPENING **BRIMSTONE ITHEKO SPORT ATHLETIC CLUB** ACTIVITIES

DOCUMENT TITLE	COVID-19 RISK MITIGATION AND IMPLEMENTATION STRATEGY FOR RE-OPENING ITHEKO CLUB ACTIVITIES
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DRAFTED BY	Shafiek Faure (Safety Officer)
APPROVED BY	Governing Council (GC)
SIGNATURE	
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RESPONSIBLE	Lifestyle Commission

# COVID – 19 RISK MITIGATION AND IMPLEMENTATION STRATEGY FOR RE- OPENING **BRIMSTONE ITHEKO SPORT ATHLETIC CLUB** ACTIVITIES

## **INTRODUCTION**

This protocol is applicable to all activities undertaken by **BRIMSTONE ITHEKO SPORT ATHLETIC CLUB** (herein after referred to as **BISAC**) at and training from the premises of Erin and Lower Burg Roads Rondebosch which is used as the club's training and meeting venue.

This document must be read in conjunction the Disaster Management Act 2002, as well as any other relevant documentation issued by Government during the COVID-19 Pandemic.

It should be noted that Government regularly amends the Regulations Issued in Terms of Section 27(2) in the Disaster Management Act of 2002, as they adjust the Level of "Lock Down".

**Government amendments to the Regulations override certain inclusions in this document with regards to allocated times, number of maximum persons allowed in indoor venues as well as outdoor venues.**

This document must also be read in conjunction with the document issued by Athletics South Africa (ASA) "Return to Play Competition and Training" updated 22 June 2021. This is required as BISAC is a member of Western Province Athletics (WPA) who is governed by ASA.

**This document will be subjected to updates from Government**

## **1. ACKNOWLEDGEMENT**

This document has been prepared by Shafiek Faure (Safety Officer) in conjunction with the Disaster Management Act 2002, Athletics South Africa (ASA) "Return to Play Competition and Training" "ASA COVID-19 Compliance Document updated 7 October 2021.

Complied by: *Shafiek Faure (Safety Officer) on behalf of Brimstone Itheko Sport Athletic Club – October 2021*

## **2. PURPOSE**

- 2.1 To re-open activities such as training and meetings and to ensure compliance with the maximum number of persons allowed per gathering as defined by the National COVID-19 Alert Level
- 2.2 This document serves as an outline and to regulate COVID-19 risk mitigation protocols during training and meetings
- 2.3 To ensure that COVID-19 protocols are adhered to as prescribed by the **National Department of Health**
- 2.4 To ensure that any activities undertaken by **BISAC** do not contribute to the transmission/spread of COVID-19

## **3 COVID-19 COMPLIANCE OFFICER**

**BISAC** will appoint a COVID-19 Compliance Officer who will be responsible for ensuring the implementation of risk mitigation protocols/procedures during meetings and training.

The Compliance Officer can/will appoint COVID-19 marshals who will be responsible for compliance during training runs – (these marshals do not need to be qualified Safety Officers), but must be trained on the relevant COVID-19 documentation.

The appointed COVID-19 Compliance Officer must be a member of the GC.

The appointment of the COVID-19 Compliance Officer will be made by the GC of **BISAC**.

## **4 COMMUNICATION AND UPDATES**

**BISAC** must ensure that all documentation related to COVID-19 is communicated to the club members and that record of this communication is kept.

Any new member who signs up with **BISAC** must be informed of all COVID-19 related documents and procedures.

Any updates from Government that impacts COVID-19 protocols, will require this document to be updated.

Communication within the club can be in the form of:

- Club website



- Emails
- Mobile apps
- Signage
- On-site training

## **5 HEALTH CHECKS VIA SCREENING**

At any meeting/training activity, screening of all members/participants/coaches/public will take place prior to the individual being allowed to attend a meeting, watch, or participate in a training activity or run. Screening will take the form of a COVID-19 questionnaire (Yes/No) and temperature check prior to allowing the individual inside the facility. All screening documentation will be kept by the club for record purposes.

## **6 STANDARD PROTOCOLS – ADHERENCE TO COVID-19 GOVERNMENT REGULATIONS**

- 6.1 It is mandatory for all **BISAC** members to complete the health checks/screening and temperature taking
- 6.2 Adhere to social distancing requirements and avoid close contact
- 6.3 No high fives, hand shaking, hugging, or kissing is permitted
- 6.4 Wearing of masks is required when in proximity of each other (1.5m or less)
- 6.5 No serving of food will be allowed at any training sessions
- 6.6 Sanitizing stations should be available at the venue for members when training
- 6.7 The size of training groups should be minimized where possible
- 6.8 All common areas in use should be sanitized (meeting rooms, ablution areas, equipment etc.)

## **7 ACCESS CONTROL**

- 7.1 Access will be controlled at the entrance to the field/meeting areas
- 7.2 No access will be allowed if a “YES” is answered to any of the questions on the screening questionnaire or if the temperature of an individual is >37.5°C



- 7.3 If a temperature of  $>37.5^{\circ}\text{C}$  is recorded, the individual can be moved to an isolation area and the temperature can be retaken after a period of approximately 15 minutes; if still found to be high, the individual must be requested to leave the premises

## **8 PERSONAL RESPONSIBILITY**

- 8.1 It is the responsibility of everyone to comply with the requirements as stipulated by Government as well as **BISAC**
- 8.2 Everyone connected to **BISAC** should accept and adhere to the policy requirements
- 8.3 If any club member feels sick, or has been in contact with a person who has tested positive for COVID-19, he/she should not present him/herself for any participation in **BISAC** activities
- 8.4 If a member tests positive for COVID-19 and has attended any training sessions/meetings in the week prior to that, the member should notify the BISAC Administration Commission immediately.

## **9 MEETINGS**

- 9.1 Where possible meetings should be held virtually
- 9.2 In-person meetings should comply with COVID-19 regulations and this protocol document.

## **10 HIGH-RISK AREAS**

### **10.1 Meeting rooms:**

- 10.1.1 Where possible meetings should be convened outside
- 10.1.2 Good ventilation is required when convening meetings inside
- 10.1.3 The maximum capacity for the venue must be adhered to
- 10.1.4 Sanitizing before, during and after usage of the room



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## **10.2 Ablution areas**

- 10.2.1 Ablution areas must be sanitized before, during and after usage

## **11 SANITIZERS**

- 11.1 Sanitizer must consist of 70% isopropanol (isopropyl alcohol) or any other disinfectant prescribed by WHO
- 11.2 Availability of soap from dispensers

## **12 WASTE**

- 12.1 Any waste generated from cleaning (including gloves, masks etc.) should be regarded as contaminated and be disposed of appropriately as per government protocols

## **13 ATTACHMENTS**

- 13.1 Disaster Management Act 2002: Amendment of Regulations issued in Terms of Section 27(2)
- 13.2 Circular 43 of ASA 2021 – COVID -19 Update – Dated 07 October 2021
- 13.3 Athletics South Africa (ASA) Return to Play Competition and Training – ASA COVID-19 Compliance Document – Updated 7 October 2021